



Relieve your Pain Naturally!



Sedative & pain reliever



Pavozen can help to **relieve pain, promote the phase of falling asleep** and improve the quality of sleep. With its gentle but powerful sedative effect, **Pavozen** can be used both as a neuromuscular relaxing agent and as an effective and safe pain reliever.

Pavozen can be beneficial for persons suffering from **fibromyalgia** to help them with both pain and insomnia.

California Poppy

California poppy has several beneficial properties: calming, antispasmodic, anxiety-reducing and slightly analgesic. The antispasmodic effects of this plant help to promote and maintain nervous system and muscular relaxation during the night.

Extract of poppy also exerts a moderate hypnotic effect without any depressing effects on cerebral function; in Chinese medicine, this extract is used to relieve pain, for drainage of Yang, to calm the spirit, to relieve anxiety and to promote restfulness. These properties make it a **natural alternative to conventional sleeping pills, sedatives and pain relievers.**



Recommended by professionals

- Analgesic
- Headaches
- Arthritis pain
- Nighttime lower back pain
- Toothache
- Anxiety, stress
- Menstrual cramps
- Spasms
- Sedative, sleep aid
- Fibromyalgia

Direction

Take two capsules per day, 15-30 minutes before bedtime.

Warnings and Precautions

- Do not take if you are pregnant.
- See a healthcare practitioner before using this product if you are breastfeeding. Taking California poppy combined with alcoholic beverages or any other medication or natural health product with sedative and/or analgesic effects is not recommended.

***Holizen** reminds you that it is always preferable to consult your health professional or a natural health therapist who will consider all the information relating to your state of health.*



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